



Coronavirus information

1. How can you catch coronavirus?

The virus is passed from person to person. This happens, for example, while coughing, speaking or shaking hands with someone else.

2. How can you tell if you have the virus?

If you have the coronavirus, you might get a **cough, runny nose, sore throat and fever**. The symptoms are very similar to flu. Some people also get diarrhoea. Some patients are feeling worse than others; they might get breathing problems or pneumonia.

If you have the virus, it can take up to 14 days for these signs of illness to appear.

3. Why is the coronavirus dangerous?

For most people, the illness caused by the coronavirus is mild. However, around 15 percent of those infected become severely ill: they develop breathing problems and pneumonia. Those who have died from the virus so far have mostly been older patients and people who were already ill.

4. What do I have to do if I show signs of illness?

If you have a fever, a cough or shortness of breath and live in an area where people are already infected with the virus, you should **call** a doctor and make an appointment.

If you have a fever, a cough or shortness of breath, you should have as little contact with other people as possible. Keep at least 1.5 or 2 meters distance from other people.

If possible, stay at home or in your room. Cough and sneeze into your inner elbow, or into a tissue, which you then immediately dispose of in a rubbish bin. Wash your hands often and thoroughly with soap and at least 30 seconds.

5. What do I have to do if I've been in contact with an infected person?

If you recently have had personal contact with a person who has the coronavirus, call your doctor or your local public health authority (Gesundheitsamt) and tell them about your situation. The number is: **07141/144-69844**

If you live in a reception centre or shared accommodation, immediately inform the management of the facility or social services. Also inform your school, language school, the place where you are being trained or work etc.